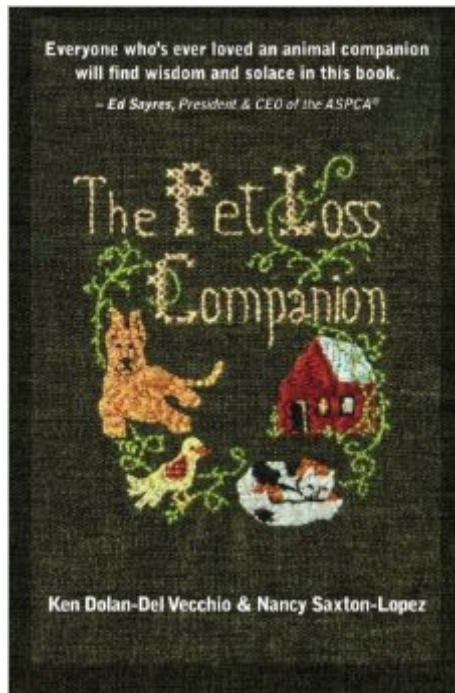


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# The Pet Loss Companion: Healing Advice From Family Therapists Who Lead Pet Loss Groups



## Synopsis

Video trailer for The Pet Loss Companion and Making Love, Playing Power -

[vimeo.com/104627183](https://vimeo.com/104627183) Everyone who's ever loved an animal companion will find wisdom and solace in this book. The authors share stories drawn from decades of experience leading pet loss groups and practicing family therapy. Their recommendations for taking care of yourself and loved ones during the rough spots of grief will answer all of your important questions and help you feel well-supported. I highly recommend The Pet Loss Companion for companion animal lovers like me.

-- Ed Sayres, President & CEO of the ASPCA® The Pet Loss Companion is a wonderfully reassuring book for anyone who cares about pets. It is a loving book, full of personal and practical details about how to care for oneself after loss. The authors are sensitive pet-lovers, empathic and engaging in this moving and meaningful book. -- Monica McGoldrick, MSW, Ph.D. (h.c.), Director, Multicultural Family Institute, and author of You Can Go Home Again If you have ever lost a beloved pet and have wondered if your feelings are normal, this book is a must read for you. Ken and Nancy, in this single book, have captured the emotional roller coaster that most people experience during the end stages of the life of their pet. In addition there are helpful insights into their world as bereavement counselors and how they have helped their patients deal with the experiences of death. I have practiced Veterinary Medicine for over 30 years and have finally found a book that can be given to my grieving owners after such a trauma. -- Anthony Miele, DVM, CEO, Veterinary Asset Management, Inc. What a gift Ken and Nancy's book is to those of us who have cherished and lost a pet companion. They get it, and as such, gently and skillfully help to ease the treacherous journey that loss is. This gem explores the terrain of loss and grief and the vast love that surrounds the experience. Readers will be warmed, saddened, and delighted by the examples and tools that are provided to ease the necessary grief process. The experience of reading this little book leaves me feeling much gratitude for my pet companions and these authors who so beautifully convey the huge role they play in our lives. -- Lynn Parker, Ph.D., LCSW, Professor, Graduate School of Social Work, University of Denver St. Hubert's Animal Welfare Center is proud to offer free pet loss support as part of its programmatic efforts, with Nancy Saxton-Lopez at the helm for over 20 years.

Together Ken and Nancy continue to provide this valuable service at our center twice monthly and they've expanded their reach by sharing their professional training and direct pet loss counseling expertise with the completion of The Pet Loss Companion. Their compassion for both pets and the people who love them is palpable in this concise, easy-to-read guide which offers understanding, solace, and hope to anyone struggling with the loss of a cherished animal companion, no matter the circumstances. The loss of a companion animal is a unique, yet not unique, grieving process not

always well understood by others. This book connects and thereby supports people at a time of what can be isolating grief, providing a life raft or light to navigate the process. It's also a helpful tool--whether as a gift or for personal awareness--for those looking for some guidance in supporting family and friends coping with pet loss. -- Heather Cammisa, President & CEO, St. Hubert's Animal Welfare Center, Madison, New Jersey

## **Book Information**

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## **Customer Reviews**

My beloved Jack Russell Terrier of 15 years passed away in July of 2013. I am still mourning his loss, and I know a part of me will never be the same now that he's gone. After he died, there was such emptiness, such longing (and there still is, in some ways). I really, truly felt like nobody understood, or maybe even that my feelings were extreme (my dog's death affected me more than some family members' deaths through the years). I have a five year old son (who was also missing his buddy), so I knew I had to pull myself together. But that was easier said than done. Eventually I wound up at an amazing pet loss support group, one of the only ones I could find locally. And that's when I was given this book. I loved the support group so I took the book home and started reading it (almost reluctantly). I didn't see how any more written words could help. But these words did, I assure you. First and foremost, it's written by pet lovers who truly "get it." They've been there and they understand. Every chapter touched on the feelings I was going through- it almost made me chuckle because it was so intuitive. The authors have led many, many pet loss support groups through the years so they know first-hand what people go through after losing beloved pets. I also appreciated how they referred to our pets as "companions" instead of constantly saying "pets," because they really are so much more than that. My dog was absolutely my beloved companion

and friend for 15 years. So if you feel/felt like I do/did- if you're lost and feel like you're alone with these tremendous feelings of sorrow, this book really might help you to not feel so alone and to figure out what to do with some of those extreme feelings.

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